

Make Your Own Field Guide to the Plants at East End Lagoon

In the video about wildflowers and pollinators at the **East End Lagoon Nature Preserve**, Matt introduced you to 11 plants found along the trail. Be prepared to find those plants when you visit the trail by making your own field guide to take with you as you explore. Click [here](#) for a two-page printout of photos of the flowers.

Since this is YOUR field guide, use whatever materials you like and have handy at home to make a booklet or a flip book. Click [here](#) to see examples.

Here are a few suggestions.

Materials Suggestions:

- A printout of wildflower photos on GINTC website
- Scissors
- Glue stick, tape or another adhesive
- Single hole punch
- String or yarn for the booklet
- Binder ring or string for the flip book
- For the booklet you need three sheets of copier paper (more if desired) or other paper for the pages. You may choose a heavier paper for the cover.
- For the flip book you need 12 index cards or other heavier paper cut to the size you prefer.



Instructions for the booklet:

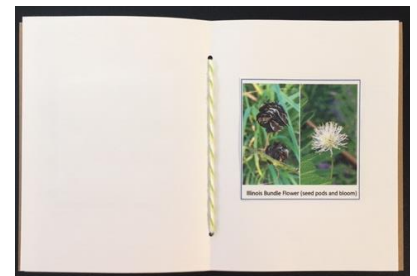
If you are using 8.5 x 11-inch paper, fold it in half and cut each of the three sheets so that you will have six sheets that are 8.5 and 5.5 inches in size. *(Any paper size is fine. The measurements can be a little different.)*

Even up the edges and fold the papers all together in half. Now you have 12 pages that are 4.25 x 5.5 inches, which makes a small booklet.

Fold a piece of heavier paper if you would like to make a cover. The cover should be a tiny bit bigger than the booklet pages.

To secure your book pages, punch a small hole about 3/4 inch from the end of each spine and thread some yarn or string through the holes. Secure the string with a double knot. *(See finished booklet photo above.)*

Cut out the photos and the label. Glue or tape them into your booklet.



Instructions for the flip book:

Cut out the photos and the label.

Glue (or tape) one photo towards the right side of each of the index cards. Save one card for your label.

Punch a hole in the top, left corner of each card. Reinforce your holes with tape, if needed.

Arrange the cards with the top one being the card with your label.

Add a ring or loop of string through the holes.

Now your booklet or flip book is ready for a visit to the nature preserve!

